

Basic Pain Medicine Training

ST1/2 Basic Pain Medicine Training

This document should help trainees achieve core competencies in pain medicine at a basic level, as specified in the RCoA 2010 curriculum.

In two years, to achieve a Completion of Unit of Training for Pain Medicine, you must:

Keep a Logbook of pain cases, clinics and regional blocks

Successfully sign-off (at a minimum):

- 4 consultant supervised acute pain rounds,
- 1 CBD, 1 A-CEX & 1 pain-related DOPS
- 2 chronic pain clinics
- PCA and epidural pump competency tests completed and signed
- Initial pain assessment & management competencies

By the end of CT2, it is desirable:

To have attended 4 Chronic Pain Clinics

To have completed the Learnpro modules Chronic Pain Modules 1-5

To have undertaken an audit in pain medicine

The aims and objectives for basic training in pain medicine are outlined in Curriculum for Anaesthetics 2010, pages 56-57

<https://www.rcoa.ac.uk/system/files/TRG-CCT-ANNEXB.pdf>

Briefly, these are as follows:

- To be competent in the assessment and effective management of acute post-operative and acute non post-operative pain
- To acquire knowledge necessary to provide a basic understanding of the management of chronic pain in adults
- Gain competence in the assessment of acute surgical and nonsurgical pain
- To have an understanding of chronic pain in adults

CUT forms can be completed by your local acute pain lead or alternatively one of the chronic pain consultants- please seek local advice.

Should you need further advice or guidance contact the Regional Advisor in Pain Medicine- Dr Peter Paisley.